



# BioCODE

Our products are designed to make health accessible and affordable for both the curious and the chronically ill. By utilizing bioenergetic testing, we are able to fill in the gaps that occur in traditional western medicine between symptoms and finding the root cause of issues. Only when the cause is uncovered can a more direct path to healing start. The body wants to heal and has everything it needs; sometimes what it needs most is us to stay out of the way.

This bioresonance test helps determine an order to healing: what the body is dealing with AND what it resonates with for input/help. This journey can still take a significant amount of time and effort, but this form of testing and recovery provides validation to those who have struggled to find answers in traditional medicine and provides exceptional results. Often, symptoms decrease or resolve in the reverse order they appeared.

Depending on your results, your primary practitioner may recommend further testing or remedies at a frequency proportional to your healing ability and depth of symptoms.

## SYSTEM STRESS LOAD & FUNCTION

Stress comes in 4 forms: Neurological, Emotional, Chemical/Nutritional, Physical

There are 14 organ systems comprising 58 points.

Each system has an optimum 100% function. Your System Functions are listed below. Stress will decrease this %.

Individuals are often very aware of symptoms not until around 60% function has been lost.

Decreased function leads to: a harder working system itself, lower adaptation to additional stress, and decreased coordination with other systems.

Most significantly stressed systems are likely impacted by the food sensitivities and infectious triggers found in the following sections. These systems will be addressed with the 'Remedy Code.'

SYSTEM	% FUNCTION
Integumentary (Skin, Hair, Nails, Exocrine Glands)	28
Nervous System	39
Respiratory System	95
Digestive System	24
Pancreas	42
Liver/Gallbladder	36
Metabolism	43
Urogenital System (Urinary & Reproductive)	42
Endocrine System (Hormones)	42
Musculoskeletal System	42
Blood	100
Cardiovascular System	97
Lymphatic System	95
Immune System	86

**Most Significantly Stressed:**  
Liver, Pancreas, Uterus & Bladder

**Additionally Stressed:**  
Cellular Metabolism, Hypothalamus, Fibrous Connective  
Tissue, Skin, Fatty Tissue, Small Intestine, Governing  
Vessel

## INFECTIOUS TRIGGERS

Toxins are all around us, and our immune systems are designed to react. But chronic inflammation can be caused by these toxins themselves &/or the waste products. Both can act as triggers for an abnormal immune response, symptomatic issues, and more due to the increased inflammatory load. Food sensitivities exist because these infectious triggers themselves &/or their byproducts are “fed” by these foods causing an undesirable effect. When cleared of the body and it no longer resonates with the toxin, the body can continue to heal and the sensitivity lessens or will no longer exist as long as the body is optimally maintained.

Over 10k [tested \(click for list\)](#) for their impact on your health.

\*\*These are resonating toxins, meaning an energetic exposure to that toxin pattern.

### Chemicals

- A resonating chemical used to eliminate pests and unwanted plants.

### Metals

- A resonating Heavy Metal used in various structural materials.
- A resonating Heavy Metal used in various implants, dental work, or water impurities.

### Mold

- A resonating Mold/Fungi that grows in plant debris, soil, and decaying wood.
- A resonating Mold/Yeast that is produced in the body, but can overgrow under specific circumstances.
- A resonating mycotoxin that is produced by some species of molds, typically found on crops. It is typically transmitted through inhalation.

### Parasites

- A resonating parasite commonly found in soil or water.

### Virus

- A resonating virus often transmitted through close personal contact such as shaking hands, coughing, sneezing, or touching objects that may have been touched previously by an infected individual.

### Bacteria

- A resonating bacteria often transmitted from person to person, or through droplets in the air when an infected person coughs or sneezes.

## HORMONE IMBALANCES

Tests 30 Hormones. Imbalances found will be directly or indirectly addressed by Remedy CODE.  
Full LIST [here](#) (click link).

### **Low DHEA**

A natural steroid and precursor hormone produced by the adrenal glands.

### **Low Estrogen**

A group of compounds named for their importance in both menstrual and reproductive cycles. They are the primary female sex hormones. Natural estrogens are steroid hormones, while some synthetic ones are non-steroidal.

### **Low Insulin**

A hormone secreted by the pancreas. It is essential for the use of glucose by cells to produce energy; it lowers the blood glucose level.

### **Low T3**

One of two of the principal hormones secreted by the thyroid gland and plays an important role in the body's control of metabolism.

## FOOD SENSITIVITIES

350+ foods tested (full LIST). Food Sensitivities & Food Allergies are NOT the same.

Foods listed on your report result in inflammation OR weakness. It is vital to keep them out of your diet even though they are not allergies because these food sensitivities are directly causing inflammation & weakness OR they are feeding the infectious triggers causing them to thrive and create toxic waste products contributing to symptoms &/or a state of dis-ease occurring in your body.

Food sensitivities can & will change over time IF the infectious trigger is successfully eliminated. Some will remain long-term due to the state of the body.

Foods listed below are contributing to the overall state of dis-ease in the body system. By removing the foods from your daily diet for 30 days, you are allowing your body to rid the system/body of byproducts from toxins, foods, etc. Healing will continue over the course of an additional 60-90 days. The overall goal is to be able to reintroduce foods and assess how your body is healing by “measuring” the response from body system signals in addition to continuing scans per your provider’s recommendations.

Environmental

Ammonia

Bleach

Cigarette Mix

Detergent

Dust

EMF

Fireplace Smoke

Flower Blossoms

Grasses

Mold

Perfume Mix

Plastic Mix

Pollen

Weeds

Fish

None

Fruit

None

Grain  
Barley  
Brown Rice  
Corn  
Gluten  
Millet  
Popcorn  
Quinoa  
Rye  
Teff  
Wheat flour  
White Flour  
White Rice  
Wild Rice

Ingredients  
Canola Oil  
Chocolate  
Coconut Oil  
Corn Oil  
Flax Seed Oil  
Grape Seed Oil  
Soy Sauce  
Sunflower Oil

Legume  
Soy Bean  
Tofu

Meat  
Eggs

Nut  
Peanut  
Walnut

Shellfish  
None

Spice  
None

Sugar  
None

Vegetable  
None

Dairy  
Cheese Mix

Cow Milk

Cow Whey

Cow Yogurt

Cream

Kefir

Lactose

DairyAlternative  
Soy Milk

Additives  
None

## NUTRIENT DEFICIENCIES

Vitamins, Minerals, Enzymes, Fatty Acids, Amino Acid deficiencies.  
Deficiencies listed with ways to obtain food sources for best absorption & correction.  
Full [LIST](#) here of function & foods that provide/source the nutrient.  
\*Some may be directly corrected through Remedy CODE  
if severe or vital to correct another primary imbalance.

### FattyAcids

#### Alpha-linolenic acid

sources include flaxseed, walnuts, pecans, yogurt

### CLA

sources of Conjugated Linoleic Acid (CLA) is grass fed beef and dairy products

### DHA

sources include salmon, sardines, mackerel, herring, seaweed

### Vitamins

#### Folic Acid

sources include barley, beef, bran, brewer's yeast, brown rice, cheese, chicken, dates, green leafy vegetables, lamb, legumes, lentils, liver, mushrooms, oranges, split peas, root vegetables, salmon, whole grains

#### Riboflavin (Vitamin B2)

sources include liver, oysters, meat, dark leafy vegetables, eggs, mushrooms, asparagus, broccoli, Brussels sprouts, fish

#### Thiamine (Vitamin B1)

sources include brown rice, egg yolks, fish, legumes, liver, peas, poultry, rice bran, whole grains, asparagus, brewer's yeast, broccoli, Brussels sprouts, dulse, kelp, most nuts, oatmeal, plums, dried prunes, spirulina, watercress, cayenne, chamomile, fennel seed, parsley, peppermint, sage

### Vitamin C

sources include citrus fruit, tomatoes, green peppers, parsley, dark leafy vegetables, broccoli, cantaloupe, strawberries, cabbage, potatoes, peas, lettuce, asparagus



## Minerals

### Calcium

sources include yogurt, hard cheese, cottage cheese, dark leafy green vegetables, strawberries, broccoli, citrus, dried peas, beans

### Magnesium

sources include apples, apricots, bananas, blackstrap molasses, brewer's yeast, brown rice, cantaloupe, dulse, figs, grapefruit, green leafy vegetables, kelp, lemons, lima beans, millet, nuts, peaches, black-eye peas, salmon, sesame seeds, watercress, whole grains, cayenne, chamomile, paprika, peppermint, sage

### Selenium

sources include meats, whole grains, brazil nuts, brewer's yeast, broccoli, brown rice, chicken, dulse, kelp, liver, molasses, salmon, seafood, vegetables, cayenne, chamomile, fennel seed, parsley, peppermint

## Amino Acids

### Methionine

food sources include eggs, fish, lentils, meat, seeds, yogurt

### Isoleucine

food sources include almonds, cashews, chicken, chickpeas, eggs, fish, lentils, liver, meat, rye, most seeds

### Proline

food sources include meat sources

## Enzymes

### Amylase

dietary sources include raw fruits and vegetables, sprouted seeds, raw nuts, whole grains, and legumes

### Bromelain

food sources include pineapple

### Lactase

found naturally in unpasteurized dairy products

### Lipase

dietary sources include raw fruits and vegetables, sprouted seeds, raw nuts, whole grains, and legumes



# BioCODE

## REMEDY

Tested against thousands of herbs, homeopathics &/or supplements to address issues as efficiently and safely as your body can handle. Tested to work synergistically; should not be taken independently or utilize different brands that your body may not respond similarly to. Symptoms are a sign of breakdown in the body's performance, but the cause of the symptom will vary. Because the causes of symptoms vary, what remedy works well for one person's symptom or issue may not work well for you.

The recommendations are uniquely tailored for you; they take the guesswork out of what your body needs to heal &/or function at the level of healing your body can currently tolerate. The investment in the scans and following remedy recommendations for 30 days results in savings from not taking supplements for healing or prevention not necessary. The goal is to clear, heal, and support the body healing while working towards sustainable changes with individual baseline supplementation.

### Supplements

Supplements are nutrients the body requires for proper uptake and function. Food sources are better utilized, but when our body is depleted beyond what we are able to add in our diet, a temporary gap filler (supplement) may be required to return normal function.

### Homeopathics

CT Like cures like. These are intended to stimulate the body for an innate healing response. This can be thought of as a nudge/reminder for the body to resume normal function on its own. Given at a minimum dose which has the maximum therapeutic effect with the fewest side effects.

### Herbs

These combine opposite extremes to create balance. Many traditional medicines are created to mimic herbal benefits. With herbs, we assimilate the medicinal plant chemicals or phytochemical medicines which interact in our body to promote function.

## HERBAL REMEDIES

### *Maca Intrinsic*

- *Standard Dose: 25 drops in warm water two times per day*

*Traditionally Supports: Increases Libido, Menopause, PMS Correction, Fertility Support, Female & Male Hormonal Balance, Anti-Depressant, Chronic Fatigue, Increases Stamina, Mental Clarity, Memory Enhancer, Immuno-Modulator, Hypothalamic Support.*

### *Olive Leaf Intrinsic*

- *Standard Dose: 25 drops in warm water two times per day*

*This is a handcrafted herbal complex that traditionally supports: Anti-microbial, Bacteria, Viruses, Parasites, Fungal Infections, Candida, Intermittent Claudication, Heart and Circulatory Support.*

## HOMEOPATHIC REMEDIES

### *Can Tox*

- *Standard Dose: 25 drops two times per day, 20 minutes away from food and mint*

*Traditionally Supports: Mold and Yeast Toxicity, Immune Issues, Chronic Fatigue, Cognitive Issues*

### *Relax Milieu*

- *Standard Dose: 25 drops two times per day, 20 minutes away from food and mint*

*Traditionally Supports: Anxiety, Depression, Nervousness, Hyperactivity, Poor attention span.*

SUPPLEMENT SUPPORT
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*CAMU Vitamin C Liposome*

- *Standard Dose: 1 scoop in water once per day*

*Traditionally Supports: Adrenal insufficiency, Immune support, Liver Support, Improves mental energy and memory, Brain Food!, Production of neurotransmitters, Antioxidant, Healthy estrogen conversions, Lowers cholesterol and homocysteine , Behavioral Issues, Slows the aging process by protecting cell membranes from damage.*

*Pancrea Life Force*

- *Standard Dose: Two capsules once per day*

*Traditionally Supports: Nutrition for the pancreas, Pancreatic regeneration, Blood sugar issues, Delivers enzymes to metabolize protein, fats and carbohydrates, Metabolic support, Digestive disturbances, Sinus Issues, Sensitivities.*

## NEXT STEPS

### REVIEW YOUR SCAN RESULTS

Both Tiers will only be taken for 30 days (1 order unless noted otherwise). The benefit of the Remedy CODE is creating removal and healing not dependence on natural pills to keep symptoms away/managed.

Tier 1 are recommended alone or with Tier 2 simultaneously.

Tier 2 can be taken the following month for a gentler approach.

These recommendations are necessary to move forward in healing  
WITH eliminating the foods listed for 30-120days.

### TIER 2 RECOMMENDATIONS CELLCORE

Para 3

Bowel Mover

CT Biotic

Total: \$177.01

### TIER 1 RECOMMENDATIONS

Total: \$247.19

### REMEDY ORDERS

email [info@drmeganellwanger.com](mailto:info@drmeganellwanger.com) to order supplements.

Prices on remedy tiers include tax & shipping.

### TO SCHEDULE 1-ON-1 CONSULT WITH DR. ELLWANGER

The CODE testing is designed for ease and affordability along with easy implementation without the help of a doctor. However, some would like more guidance, diagnostic connections, or both from their doctor.

You can schedule this paid virtual visit [HERE](#).

### CODE TEST COSTS

You can order/purchase additional tests at [www.biocodetests.com](http://www.biocodetests.com)